

Areas of Action –

Triosha⁵ – Mala
Sanchiti in Koshta and Koshtanga

Bahudosh Avastha

Durbala – Balavan Avastha of Vyadhi and Rugna

Agni

Aahar mala

Pakwa – Apakwa mala

Krumi³

Area of Potential Action –

Constipation Due to Any Reason (Except Due to Obstruction)

Skin Diseases

Respiratory Diseases

Anemia

Flatulence

Koshthanga Shodhan¹ – Action on Hridaya, Phuphusa, Yakrut, Pleeha, Unduk, Vrukka Nabhi, Dimbha, Aantra, Basti

Action on Koshta – Koshta Shodhan – Aamashay Shodhan

Shreshtha Sramsan Kalpa

Aarevat Kalpa

कोष्ठे मलादिकम् नयत्यधः संसनस्याद।

Special Action of Sramsan Karma

Action on Purish and Mutra - Sweda

Useful in Sama – Nirama Avastha of Vyadhi⁶

Useful Aadhman, Aatopa, Hrut-Parshwapida, Bastitoda, Mutrakruchhra, Kandu, Daurgandhya, Twak Daran

Pathyakara in Jwara⁴

Special Action of Aragvadha

Useful in Jwara, Pandu, Kamala Karshya - Sthaulya

Rasa Dhatu

Bahudosh Shodhan in Kushtha²

Special Action of Markandika

Useful in Visarpa, Pidaka, Raktapitta, Guda-Medhra- Mukha Pakha, Vidradhi, Shitapitta

Rakta Dhatu

Helpful to maintain Srav from Yakrut

Helpful for Shodhana of Mala

Dhatvagni Deepan

Srotas Shuddhi

Asti - Majja Dhatu

Mamsa – Meda Dhatu

Useful in Mamsarbuda, Galashundika, Prameha – Prameha Pidaka, Siragranthi

1)A. Hru.Sha.3/12 2) Bha.Pra.4/244 3) Kaidev Ni. 1/1004 4) Bha.Pra.2/133 5) Kaidev Ni.1/944 6) Sha.Sam.4/4