

## Areas of Action –

Tridosh  
Indriya  
Rakta Meda Majja Shukra  
Dhatu  
Sira Kandara

## Vyadhi –

Rasayana in any Netraroga  
Drishti Mandya  
Drishti Nash  
Netra Srava  
Netra Kandu  
Netragata Raktapitta  
Dhusara Drishti  
Nakta Andhya

## Area of Potential Action –

Refractive Errors  
Age-Related Macular Degeneration  
Glaucoma  
Amblyopia  
Strabismus  
Diabetic Retinopathy  
Red Eyes  
Night Blindness  
Light Sensitivity  
Dry Eyes  
Etc...

चक्षुस्तेजोमयं तस्य  
विशेषात् श्लेष्मतो  
भयम्।<sup>1</sup>

Shoshana of Vitiated

Providing  
nourishment to  
Chakshu Indriya and  
Indriyartha - Netra

Lekhana of Sira  
Anusari Dosh<sup>2</sup>

Prevent from  
Netraroga  
Samprapti<sup>2</sup>

Special Action of  
Jasad Bhasma  
And Daruharidra

Special  
Rasayan  
for  
Netrarog

Action On  
Sira

Maintaining the  
proper health  
of Sira

Prevent from  
Shula,  
Raktasrav  
from Netra

Special action of Tamra and Jasad Samyog and  
Daruharidra Bhavana

## Netraj Rasayan

(Suvarna, Jasad, Tamra with special bhavana of Daruharidra)

Special  
Action of  
Suvarna  
Bhasma

Maintaining  
Taj  
Mahaboot  
in Netra<sup>5</sup>

Maintaining the  
proper health of  
Snayu and Sandhi  
from Netra

Action On  
Upadhatu<sup>4</sup>

Useful in  
Mehajanya  
Netraroga

Lekhana of  
Meda  
Ashrita  
Shleshma

Meda  
Dhatu<sup>3</sup>

Action On  
Kandara<sup>3</sup>

Tarpak  
Kapha<sup>3</sup>

Helpful to  
maintaining  
health of  
Netra and its  
proper  
functions.<sup>3</sup>

References - 1) A. Hru.Su.2/5 2) Su.U.1/20 3) Su.U.3/19 4) Ch.Chi.15/17 5) Su.U.7/3 6) Ra. Cham., Bha.Pra.Ni.