

Areas of Action –

Vata-Pitta Dosh
Marma
Sira-Snayu-Kandara
Vatavaha Sira
Pakvashaya-Kati-Indriya
Oja

Vyadhi –

Vatavyadhi like
Pakshavadha, Akshepaka,
Ekanga-Sarvangavata
Sira-Snayugata Vata
Shosha
Indriya Vikruti
Shiromarmaghata
Hrudrog
Gulma
Chitta Vibhrama

Area of Potential Action –

Paralysis
Epilepsy and Seizures
Bell's Palsy
Flexor tendinopathy
Extensor tendinopathy
Muscular dystrophy
Myositis
Peripheral neuropathy

Helpful to Cure – Kampa,
Anaha, Graha, Daha,
Indriyabhramsha²

Helpful to Maintain Bala and
Urja in Sharira

Normalise
Shwasana Kriya

Useful in –
Marmaghata Buddhi
Indriya Chitta

Controls increased Ruksha,
Ushna, Tikshna, Laghu, Chala
Guna

Effective and Fast Action in Whole
Body –

प्रायः सर्वाः क्रियास्तस्मिन्
प्रतिबद्धाः शरीरिणाम्।³

Action on
Phuphusa

Action on
Mastishka -
Shiromarma

Vat – Pitta
Shamak

Udan –
Vyan Vayu

Pran
Vayu

Pranvaha
Srotas

Sadhak Pitta
Tarpak Kapha

Pawan Chintamani Rasayan

वायुरायुर्बलं वायुर्वायुर्धाता शरीरिणाम्।¹

Rakta
Dhatu

Mamsa
Dhatu

Meda
Dhatu

Useful in
Asthi-Majja
Kshaya

Useful in
Sira – Snayu
Shosha⁴ –
Pakshavadha

Useful in
Sira gata
Vat⁵ –
helpful to
cure Supti

Useful in
Sira
Shosha⁶ –
Bahirayam

Useful in
Mamsakshaya
– Sandhivedana

Useful in
Kandara –
Snayu
Shosha⁷ –
Akshepaka

Useful in Asthi Vikruti
Asthitoda
Bhrama – Timir Darshana

1)Ch.Chi.28/3 2)A.Hru.Su.11 3)A.Hru.Su.12 4)Ch.Chi.28/54 5) Ch.Chi.28/36 6) Ch.Chi.28/46 7) Ch.Chi.28/51

Nearest terminologies used only for general guideline purpose. Should not be correlated or used without guidance of Vaidya