

## Action on Sharir

### Bhava –

Dravata, Kleda,  
Meda, Vasa, Mootra.

## Mode of Action -

Sookshma Srotas  
Shodhana, Rakta  
Shodhana-Prasadana

## Action on Vyadhi -

Prameha Netra  
Vikara, Pandu, Shwas  
Krumi, Murchha,  
Twacha Vikar.

## Area of Potential Action

DM and its  
Complications like  
Retinopathy, Macular  
Edema.  
Various Skin Disorders  
Varicose Ulcers  
Non-Healing Ulcers  
Skin Infections.

**Controls the  
Vikshepana of  
Rasa Dhatu<sup>1</sup>**

Helpful for  
Kledak  
Kapha by  
doing  
Shoshana of  
excessive  
Dravata

Helpful for  
Prakrut  
Karya of  
Tarpak  
Kapha –  
Indriya  
Tarpak

Rasa Dhatvagni  
Deepana,  
Prakrut Nirmiti  
of Rasa – Mala  
i.e., Kapha

Special Action  
on Netra –  
Prakrut Nirmiti  
of Aalochaka  
Pitta

Helps to  
Achieve  
Tyaktadravatva  
of Pachak Pitta  
– Improves  
Pachaana

Action on –  
Kapha, Pitta,  
Rasa, Rakta,  
Shukra

Vyana  
Vayu

Kapha  
Dosh

Rasa  
Dhatu

Pitta  
Dosh

Controls  
Dravatva,  
Tikshnatva  
and  
Ushnatva of  
Pitta

## **Rasaka Rasayana**

(Jasad Bhasma with Special Bhavana of Haridra,  
Karavellaka and Amalaki)

Special Action of Dravya Samyog  
in Rasaka Rasayana

Shukra  
Dhatu

Rakta  
Dhatu

Pranavaha  
Srotas

Pittadhara Kala  
and Majjavaha  
Srotas

Special Action of Jasad and Amalaki

Nutana  
Peshi  
Utpatti  
Oja Vardhak

Gunataha and  
Pramanataha  
improvement  
in Sira<sup>4</sup>

Rasa- Rakta  
Dhatvagni  
Dipan – Rakta  
Prasadana<sup>5</sup>

Protects Phuphusa  
and Proper  
Functioning of Prana

Protects  
Netra and  
its Vikar

1) Cha.Chi.15/36, 2) Hru.Su.6/80, Ra. Cham., 3) Hru.Su.10/14 & 20, Bha.Pra.2/36 4) Su. Sha.9/12, 5) Ch.Chi.14/182