

Areas of Action –

Agni

Aam

Tridosh

Pran-Udaka-Anna-Mala-
Mootra-Swedavaha Srotasa

Sukshma Pachana

Saptadhatu

Vyadhi –

Shitapitta-Udarda-Utkotha,

Aamvata, Shwas, Kasa,
Shopha, Hrudrog,
Shleepada, Krumi,
Swarabheda, Arochaka,
Peenasa-Pratishyaya

Area of Potential

Action –

Urticaria
Atopic Eczema (Dermatitis)

Allergy in Children

Food Allergy and Food

Intolerance

Rhinitis

Rheumatoid Arthritis

Asthma

Respiratory Tract

Infections

Dhatugata
Aampachan

Responsible for
Samyak Ruchi –
Pakti²

Helpful to Cure
Vibandha, Agnisada,
Vedana, Shopha³

Vishesh Action on –
अन्नवाहीनि दुष्पत्ति
वैगुण्यात् पावकस्य च।⁴

Aampachan –
Srotas Shudhi

Dhatvagni
Deepana

Specially used in
Samavastha

Agni
Vardhan¹

Samyak
Srava of Pitta

Vata – Kapha
Dosha

Annavaha
Srotas

Saptadhatu

Vellaja Rasayan

(Trikatu + Jasad with Bhavana of Trikatu)

Sukshma –
Shodhana
of Sharira
mala

Dhatvagni
Deepana -
Aampachan

Pranvaha
Srotas

शोषणे रुक्षः।⁵

Shoshan of Vikrut
Vrudhi of Jala in
Sharira

Doses Aampachan
– Cures one of
important
Udakavaha
Srotodushti Hetu⁴

Helpful to
Increase –
Bala Kanti
Utsaha⁷

Maintaining
the Proper
process of
Dhatuposhan

Shoshan of Aama
from Urah,
Kantha, Shira,
Sandhi – Helpful in
Daroon Avastha

Vishesh Action on
Derivatives of Udaka
in Sharira – Sweda,
Lasika, Mutra⁶

Normalize the
Function of Udaka

References- 1) Bha.Pra.Ni. 2)A. Hru.Su.11 3) A. Hru.Su.12 4) Ch.Vi.5/11-12 5) A. Hru.Su.1 6) Ch. Sha.7/15 7) Ra. Cham.

Nearest terminologies used only for general guideline purpose. Should not be corelated or used without guidance of Vaidya.